### Finally, You May Be Able to Get Rid of Your Neck and Arm Pain!

If you're suffering from neck pain, arm pain, or numbness in the hands, this may be the most important article you have ever read!

This is – quite frankly -- a vital message regarding your health because pinched nerves and disc hernations can be successfully treated with spinal decompression therapy.

Please read on to learn how you might be able to get rid of your neck pain and disc herniations without surgery

#### You may recover!!! Painfree living could be yours!!!

I understand what it feels like to live in pain, because I see it every day. I've seen many people with neck and arm pain leave the office with a great relief in their pain.

When cushions in your neck joint - called discs - get injured or wear out, it can cause severe pain. Disc bulges and herniations can form and press on the nerve roots.

#### There may be hope for you!

Far too many medical doctors believe your treatment options are limited to pain pills, exercises, steroid injections, and surgery. They are wrong!

Before you go under the knife by opting for spinal surgery...you should seriously consider a non-invasive treatment called spinal decompression therapy. Non-surgical spinal decompression is a treatment that has the ability to relieve the pain caused by disc herniations or bulges.

Spinal decompression therapy can create a decreased pressure within the disc that can allow the disc material to be pulled back into its normal position...and bring a fresh blood supply to promote healing.

The conditions this treatment can help are:

- Neck pain
- Shooting pains in the arms
- Numbness and tingling
- Bulging or herniated cervical discs

What this means for you is that in just a matter of days or weeks, you could be back on the golf course, enjoying your love life, or traveling again.

Isn't time for you to find out if spinal decompression will be your neck and arm pain solution?

You'll get:

- An in-depth consultation where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination
- X-rays (if indicated)
- Review of your MRI report, and
- A report of findings that includes a treatment plan that will hopefully make you pain-free.

You'll get to see everything first hand and find out if this treatment might be your neck pain solution, like it has been for so many other patients.

And the best part about this treatment is...

# No Dangerous Drugs and No Surgical Procedures!

Spinal decompression treatments are very gentle and are almost always painless. In fact, every once in a while, I notice a patient sleeping during a treatment session.

Call today so we can get you scheduled for your consultation, examination and Xrays (again, if indicated) as soon as there's an opening.

When you call, tell our receptionist you'd like to come in for the *Spinal Decompression Evaluation* .

Dr. Kervin Putman, D.C.

## P.S. How many years can your body handle taking pills?

Taking pain medications (even over-thecounter pills) is no way to live. Those medications can also be hard on your liver and intestines.

Remember, pain pills don't cure anything...they just mask the pain. Call today. I may be able to help you live a normal, pain-free life again.